



University of
East London



University of East London's Alumni Network Newsletter

March 2021 Edition

Hello `{{contact.py3ip_fnd_formattedfirstname}}`,

Welcome to the March 2021 edition of the University of East London's Alumni Network e-newsletter.

We have some great news stories for you, including alumni offering advice to mark Women's History month, and how a Cocoa Social Enterprise developed by an alumni has landed in British Vogue.

Our noticeboard section has some interesting updates for you. Find out about how you can peer review a fellow alumni's science project book aimed at 16-18 year olds, and the benefits of Knowledge Dock's hybrid co-working spaces available to graduates.

You can also find out more about our latest Alumni of the Month story, and

how you can apply to become the next.

As always our events section has a variety of virtual events for you to get involved in and this month's career development section has information on how the Career Zone can help graduates with their career and employability needs, and as always we have picked out lots of great job opportunities for you to consider both at the University and further afield.

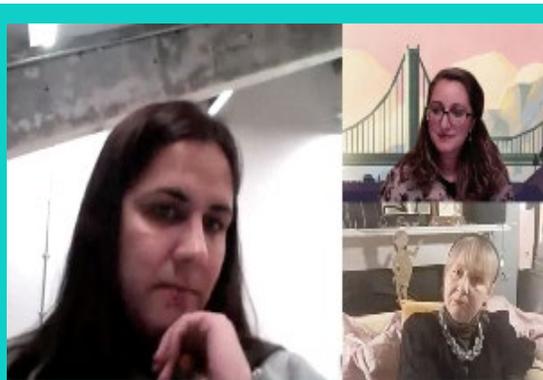
We hope you enjoy reading the latest edition of the e-newsletter. If you have any feedback or would like to contribute to a future edition, please get in touch at alumni@uel.ac.uk.

Best wishes

The University of East London Alumni team

UEL NEWS

We have picked out a few of UEL's top stories, make sure you click through to read the full story and don't forget to visit [our website](#) to read lots of other great stories.



Alumni offer advice to mark Women's History month

Three women, successful in their careers, leaders, and all alumni of the University of East London, returned



Cocoa Social Enterprise lands in Vogue

Cocoa Social Enterprise, an idea developed by Oyin Okusanya with the support of the University, has since

for a special discussion to mark Women's History Month, putting their accomplishments in the context of a broad sweep of progress in equality.

[Read More](#)

gone on to become a fully-fledged business. Oyin graduated from UEL's enhancement course in secondary Religious Education in July 2011.

[Read More](#)

ALUMNI OF THE MONTH

Each month we will feature our Alumni of the Month in our E-newsletter and on our website. Winners receive an exclusive gift and certificate as well as a guaranteed place at one of our exclusive networking events. Nominations for Alumni of the month close on the 3rd Monday of each month and will be featured in the following E-newsletter. If you would like to feature as our Alumni of the Month, please complete our short [nomination form](#).

Our website is currently under going maintenance work, there fore Tina's full story is currently unavailable but will be uploaded as soon as the maintenance work is completed so watch this space.

Meanwhile, you can read more on our previous Alumni of the Month winners by [clicking here](#).

Tina Clark



Meet Tina Clark who studied a PGCE Physical Education teacher training in 2020. Tina currently works as a physical education teacher teaching years 7-13 core and BTEC sport.

She also has her own form class and works within her department to create meaningful resources for children.

Tina's most special memory at UEL was seeing some students graduate; "I remember thinking one day that will be me. I also really enjoyed the trip to Wales we went on to meet my lecture and colleagues".

NOTICEBOARD

Are you good at solving clues, do you enjoy a challenge, if the answer is yes you have to join our virtual escape room night

Run out of things to watch on Tv? Did you binge watch Bridgerton already? Have you re-watched GOT already, if the answer is yes then the UEL Alumni team are going to rescue you. The UEL Alumni team is looking to run a virtual escape room, [register your interest here](#) and we will get back to you with more info and a list of possible dates. It will be a great opportunity for you to work together with others and have some fun at the same time!

Alumni requiring Peer Review for Science book: Basic physics,

biology, genetics, science history and method (Flesch Readability Age 16-18)

This is needed for a book written specifically to provide access to science for those interested but who have no previous knowledge, or for students who find scientific language and terminology challenging. Following exact description of how a human being comes to be unique, beginning with energy, the primary aim is to provide students with a simple overall picture of science and keys to further exploration.

Several colleagues have seen the project grow, including scientists and schoolteachers, who without exception have said the book would considerably help students and would promote interest in science.

Since the book cannot be submitted for publication without peer review, opinions are needed on the topics below.

- A.** Physics: energy, big bang, force, light, waves, colour, photons particles, standard model, mass, matter, gravity, problems of spacetime/asymmetry/black holes, atoms, chemistry, bonds, elements.
- B.** Biology: molecules, cells, life, transcription/translation.
- C.** Genetics: DNA, natural selection, mitosis, germ cells, homology, meiosis, male or female. twins, dominant/recessive genes, mitochondria, stem cells, mutation, sexual orientation & gender, epigenetics, genome project.
- D.** History of science, scientific method.

If you can help, please contact Margaret Stewart at: m@manojo.co.uk

You are invited to attend our upcoming Postgraduate Virtual Open Evening



POSTGRADUATE OPEN EVENING



You are invited to attend our upcoming **Virtual Postgraduate Open Evening** taking place on **Wednesday 28 April from 4-8 pm**. Our Open Evening is a great way to find out whether postgraduate study is right for you. During the evening you can find out how our courses give you the skills you need; whether continuing in education is an affordable investment; if you will be able to study while you work; and how you can gain access to education if you have not studied for a while.

The University of East London has been pioneering futures since 1898 and continues to support our current and future students in preparing for changing ways of work and Industry 4.0.

During the evening you'll be able to:

- Watch the welcome talk from our Vice-Chancellor & President, Professor Amanda Broderick
- Explore our new Dual Delivery approach to teaching and learning
- Attend live subject talks and direct your questions to our academics
- Take a virtual tour of our campuses
- Talk to our current students and ask them about life at UEL
- Uncover postgraduate research options with the Graduate School
- Hear about fees and funding and the types of scholarships and bursaries available to you
- Discover the wide range of support offered to you as a UEL student
- Make an application to study at UEL

As an incentive, UEL graduates may be eligible for a postgraduate course discount. If you progress directly with no gap year, you may receive a 15% discount, alternatively, you will receive a 10% discount.

More and more people choose to study postgraduate courses thanks to better financial support, improved job prospects and more specialist course options. Join us at our virtual open evening to find out exactly how postgraduate study will work for you.

To book your place, please visit our web page by [clicking here](#).

To watch on-demand postgraduate course related webinars and masterclasses, please [click here](#).

Lockdown to a flexible hybrid work space. On your own terms

Lockdown is coming to an end so we're offering you the chance to switch your bedroom for a co-working space on your own terms for the ultimate hybrid work model.

Add a professional space to your home office with the University of East London's Business Centre. This co-working space is located on the Docklands Campus within Knowledge Dock.

Full-time or part-time. Start-ups or established businesses. Whether you're a freelancer, digital nomad or a small business, our Business Centre offer all the tools you need to run your business.

Access to the space will be exclusively limited to clients and includes access to hot desking, meeting rooms and private offices.

Did we mention that Alumni and UEL Students get 25% off?

If you would like a co-working space and a London business address for £75, sign up today! Find out more by [clicking here](#).

Anxious about returning back to work? Working from home can take some adjustment. We've put together a set of guidelines to help you make that

switch, including social networking, self care and motivation. Get started with these five tips for success and build your own support network online.

 University of East London

Transitioning Back into the Workplace After Coronavirus

These tips will help you manage your mental health as you transition back into the physical workplace.

Prioritise self-care by maintaining positive habits

Lockdown has helped many people put the important things into perspective, so try not to lose that as you ease back into your 'old' life.

Maintain good hygiene practices

- Follow the government guidelines
- Always wear a mask
- Utilise hand sanitising stations



Manage your information intake

We've become accustomed to updates from the media on virtually everything on a regular basis. Make sure you're getting your information from reliable sources and remember that advice from regulators and government is designed to enable safe ways of working.



Celebrate the opportunity to reconnect

There have been a few perks associated with working from home, such as no commuting and additional spare time, but we've also lost a lot. So, when the time does come to return to the office or the worksite, enjoy the little things that have been absent over the last year.



Understand what constitutes a mentally healthy workplace

With so many people working from home full time over the last few months, the grey area between professional and personal has been blurred like never before, plenty of businesses are super busy in response to the coronavirus, and some employees have been working longer hours than normal. This period of transition is the ideal time to make sure you're across workplace mental health risk factors, in order to avoid them. By doing so, you can reduce the likelihood of burnout and increase job satisfaction.

Together, let's do our part to keep each other healthy.

Alumni opportunity to help shape Business and Law panel events

The jobs market in 2021 has never been as competitive for recent graduates. As we emerge from Covid-19, graduates who have just completed their studies will be finding it incredibly hard to find work. Insight from alumni across business and law for all aspects of finding graduate level work, including how to find roles that may be of interest, how to prepare for interviews, expectations once in the workplace, and how to hit the ground running, will be invaluable. The Royal Docks School of Business and Law is looking at running regular panel events to support graduate employability.

Alumni involvement would be instrumental in ensuring the information is relevant and authentic to the graduating students and help provide them with a competitive edge.

If you are interested in finding out more or getting involved, please [click here](#) to email [Adam Doyle](#), Director of Careers and Enterprise for the Royal Docks School of Business and Law a. These events will be on a rolling basis but for the first event in April, it would be helpful to have expressions of interest by **31st March 2021**.

Interview with Professor Rachel Tribe in The Psychologist

In this 'hot off the press' interview for [The Psychologist](#), our Professor Rachel Tribe quite rightly reminds us: "politics and psychology interact" and notes that "we should, as a profession, be siding with the dispossessed". Poignant and important points, [click here](#) to read the article.

'Walk in the way of Love': supporting domestic abuse victims

Dr Ava Kanyeredzi, Senior Lecturer and Programme Leader of BSc Clinical & Community Psychology at UEL School of Psychology, recently led and launched a research and evaluation project on domestic abuse which offers a toolkit for leaders in Black majority churches. Ava Kanyeredzi has also been awarded a BA/Leverhulme grant for her excellent work on the Black Church Domestic Abuse project. Ava spoke about the project on [BBC Radio 4](#). [Click here](#) to read the article.

Why is 'electroshock' therapy still a mainstay of psychiatry?

Professor of Clinical Psychology, John Read has published an article in [Aeon](#), digital magazine of ideas, philosophy and culture: "It damages memory and cognition, and brings no lasting relief. Why is 'electroshock' therapy still a mainstay of psychiatry?". [Click here](#) to read the article.

Cognitive Predictors of Precautionary Behaviour during the #Covid19 pandemic

Professor of Cognitive Psychology, Professor Volker Thoma contributed to a

Frontiers in Psychology journal article on Cognitive Predictors of Precautionary Behaviour during the #Covid19 pandemic. Check out: #UELPsychLondon #FrontPsychol #UELFamily #UELConnected [Click here](#) to read the article.

WHAT'S COMING UP

Dictatorship: New Trajectories in Law

Dimitrios analyses the institution and concept of dictatorship from a legal, historical and theoretical perspective, examining the different types of dictatorship, their relationship to the law, as well as the analytical value of the concept in contemporary world.

Wednesday 21st April 2021, 14:00-15:00, Online

[Book Now](#)

Problem Analysis

Do you work in the charity or community sector and want to expand your skills to help you better address the challenges faced by our society? Or you want to explore how you can move into these areas of work? We are running short courses in April 2021 that will help move forward your career. Our UEL team has decades of experience working in the charity and community sectors in the UK, Brazil, Ethiopia, India and Lebanon and we know that these skills are in high demand. This course gives you hands on exercise using Problem Tree.

Friday 23rd April 2021, 9:30-12:30, Online

[Book Now](#)

Business and Entrepreneurship Alumni meet up

We are excited to announce that the University of East London's Alumni Engagement team will be launching a new monthly series of online Alumni Interest Group events. The aim of the monthly Alumni Interest Groups is to provide a place for like minded Alumni to come together and network.

Monday 26th April 2021, 18:00-19:00, Online

Book Now

Brokering and Negotiating

Do you work in the charity or community sector and want to expand your skills to help you better address the challenges faced by our society? Or you want to explore how you can move into these areas of work? We are running short courses in April 2021 that will help move forward your career. This course covers what brokering and negotiation is and brokering and negotiation role play.

Friday 30th April 2021, 9:30 -12:30, Online

Book Now

Giving and Receiving Feedback

Do you work in the charity or community sector and want to expand your skills to help you better address the challenges faced by our society? Or you want to explore how you can move into these areas of work? We are running short courses in April 2021 that will help move forward your career. This course covers how to give and receive feedback.

Friday 30th April 2021, 14:00 -17:00, Online

Book Now

Writing a Policy Brief

Do you work in the charity or community sector and want to expand your skills to help you better address the challenges faced by our society? Or you want to explore how you can move into these areas of work? We are running short courses in April 2021 that will help move forward your career. This course covers how to write a policy brief.

Friday 7th May 2021, 09:30 -12:30, Online

Book Now

Campaigning for Change

Do you work in the charity or community sector and want to expand your skills to help you better address the challenges faced by our society? Or you want to explore how you can move into these areas of work? We are running short courses in April 2021 that will help move forward your career. This course covers how to campaign for change.

Friday 7th May 2021, 14:00 -17:00, Online

Book Now

CAREER DEVELOPMENT

As a valued member of our alumni community, you now have unlimited access to our brand-new Career Zone platform, formerly the Employment Hub.

Sign up today at [careerzone](#) for everything you need in your graduate jobs search or entrepreneurial journey, from networking events to seminars led by industry experts.

Many of you may be experiencing uncertainty in these unprecedented times having witnessed the effects of COVID-19 on graduate employment. However,

once you've signed in and completed your profile, we are here to support you.

As part of your profile, you will be able to select a statement to help you understand where you are in terms of your career readiness. You will be able to access careers resources tailored to your needs, to help you move on to the next stage in your career journey.

Career Zone will give you access to our jobs board to help in your search, as well as volunteering opportunities with our community partners.

Career Zone features upcoming employability and industry events, which you can register for.

Follow our social media channels to hear about upcoming events and new initiatives:

Facebook: [UEL Career Zone](#)

Twitter: [@UEL_Careers](#)

Instagram: [@uelcareerzone](#)

Please note that if you are unable to access the UEL Career Zone and for any other questions, please email the Careers Team: careerzone@uel.ac.uk

CAREERS EVENTS CALENDAR: APRIL

Date	Format & Topic	Location	Time
07/04/2021	Find Your Career Path: job seeking with purpose and direction	MS Teams	10:00-11:00am
13/04/2021	Your CV is You! How to make it inform and sell	MS Teams	2:00-3:00pm
22/04/2021	Interview Prep 101: the essentials	MS Teams	11:00am-12:00pm
22/04/2021	Future BAME and Women Lawyers - How to stand out, stay competitive and succeed - Meet Seyi Aina	MS Teams	4:00-6:30pm
28/04/2021	Systematic success with applications including personal statements and cover letters	MS Teams	3:00-4:00pm

Secure your place for all events & book an appointment with a Career Coach at: careerzone.uel.ac.uk

Careers resources are available at:
uel.ac.uk/careerscentre



UEL JOBS

Professor of Artificial Intelligence and Machine Learning

Salary: £59,828 pa

Do you have proven expertise in Artificial Intelligence and Machine Learning and an established international reputation within the field, both in industry and academia? Are you looking for a challenging role in an environment that is open, vibrant and welcomes new ideas? Then 'Be The Change', follow your passion and join the University of East London as Professor of Artificial intelligence and Machine Learning.

[Apply Now](#)

Lecturer in Sports Therapy

Salary: £40,608 pa

We are seeking a Lecturer/Senior Lecturer in Sports Therapy, within the Subject Area of Applied Sport and Exercise Sciences. Working as part of a dynamic and diverse team covering a wide portfolio of specialities, you will deliver engaging teaching of our modules as well as developing content to stay up-to-date with ever-changing industry practices. You will also liaise with and provide support to our expanding network of industry partners and placement hosts and carry out appropriate administrative duties.

[Apply Now](#)

EXTERNAL JOBS

New Build Development Project Manager, Islington Council, London,

Salary: £45,594 - £48,576 pa

Come and join Islington's New Build team at this exciting time as we embark on an ambitious house building plan to tackle the housing crisis. Established in 2009, we have completed over 30 schemes since we began, making us one of the most active house building boroughs for completed schemes in London. We are expanding our team to increase our capacity to deliver even more genuinely affordable new homes in Islington.

[Apply Now](#)

Marketing Officer (Performance Content), Regent's University London, London

Salary: £28,763 pa

You will research, identify and create long-form content aimed at supporting

SEO, engaging key audiences and driving lead acquisition. You will support the CRM Conversion Marketing Officer by developing email content that engages prospects for student recruitment and conversion and will also support the Social Media Channel Manager by developing engaging social content aligned with paid media activity.

[Apply Now](#)

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