



University of
East London



University of East London's Alumni Network Newsletter

April 2021 Edition

Hello `{{contact.py3ip_fnd_formattedfirstname}}`,

Welcome to the April 2021 edition of the University of East London's Alumni Network e-newsletter.

We have some great news stories for you, including Universities playing a role in the vaccine roll-out, and how an alumnus prefers teaching over having a professional career in music.

Our noticeboard section has some interesting updates for you. Find out about how you can become part of our alumni advisory board, and Totum's latest graduate discount card offer.

You can also find out more about our latest Alumni of the Month story, and how you can apply to become the next.

As always our events section has a variety of virtual events for you to get involved in. This month's career development section has information on how the Career Zone can help graduates with their career and employability needs, and as always we have picked out lots of great job opportunities for you to consider both at the university and further afield.

We hope you enjoy reading the latest edition of the e-newsletter. If you have any feedback or would like to contribute to a future edition, please get in touch at alumni@uel.ac.uk.

Best wishes

The University of East London Alumni team

UEL NEWS

We have picked out a few of UEL's top stories, make sure you click through to read the full story and don't forget to visit [our website](#) to read lots of other great stories.



Universities must play a roll in helping the Vaccine roll-out

New research suggests students believe returning to campuses, in-person teaching, and socialising



Alumnus favours teaching over professional career as a musician

After having trained as a teacher at UEL in 2010, Olu Sodeinde's love for music drew him to a professional

shouldn't happen until they have been fully vaccinated against Covid-19, but uptake of the vaccine is likely to be lowest among black students.

[Read More](#)

career working with the likes of Ellie Goulding, Sam Smith, Rita Ora, Lemar...to name a few of the global celebrities.

[Read More](#)

ALUMNI OF THE MONTH

Each month we will feature our Alumni of the Month in our E-newsletter and on our website. Winners receive an exclusive gift and certificate as well as a guaranteed place at one of our exclusive networking events. Nominations for Alumni of the month close on the 3rd Monday of each month and will be featured in the following E-newsletter. If you would like to feature as our Alumni of the Month, please complete our short [nomination form](#).

Our website is currently undergoing maintenance work, therefore Suzanne's full story is currently unavailable but will be uploaded as soon as the maintenance work is completed so watch this space.

Meanwhile, you can read more on our previous Alumni of the Month winners by [clicking here](#).

Suzanne Hazelton



We are pleased to introduce our next alumni of the month! Meet Suzanne Hazelton who studied a MSc in Positive Psychology in 2012.

Suzanne is the Founder of **GenieBubble**, which finds inspiring content for children with enquiring minds. **GenieBubble** takes the hassle away from finding great FREE stuff to do with kids (4-11) through content from British organisations.

Suzanne's most special memory at UEL was the lecturers she studied with. "You could never say that our lectures lacked PIZAZZ! One visiting lecturer - played the guitar initially to the group's bemusement."

NOTICEBOARD

Become a UEL Connect Ambassador



The alumni team are looking for 8 graduates for our Ambassadors program which is made up of an exclusive network of University of East London alumni who will give minimum commitment to helping the UEL Connect platform and grow the network.

The role requires you posting on the platform 4 times each month for a 3 month period. The post could be a discussion topic (article, podcast, questions for the group), an event, picture, job or response to an existing post. You can also recruit others from your class to join the platform simply through a quick message sent to them via UEL Connect, it couldn't be simpler!

Position your self as a leader amongst your peers, enhance your resume and join an exclusive network of alumni whilst giving back to UEL at zero cost! You can renew your commitment after 3 months or if it is not the right opportunity for you just let us know.

To sign up free to UEL Connect [click here](#).

To become an Ambassador please [apply here](#) by **12pm** on **11th May 2021** and a member of the team will be in touch with you if you have been successful. For those who have been successful an informal one hour training session will take place on **Wednesday 19th May 6-7pm** via Microsoft Teams.

TOTUM PRO Price Promotion



We're delighted to let you know the current TOTUM PRO promotion has been extended - Graduates can buy a two-year membership card and they will chuck in an extra year **FOR FREE** until the end of April 2021.

That means that you can buy a TOTUM PRO 3-year membership for just £24.99, that's a saving of a tenner over RRP. This promotion will run to the end of April 2021.

There are still lots of great savings to be had with a TOTUM PRO membership. Please [click here](#) to take a look.

If you would like to purchase your graduate discount card please email us at alumni@uel.ac.uk and we will send you more information and a link to purchase your card.

Who doesn't want student discount once they graduate?

Become part of the Alumni Advisory Board

The Alumni Advisory Board are looking to elect a new Chair and Vice-Chair of the board. If you are interested in not only being part of the board but also in taking a leadership role and spearheading change, progression and development for the alumni community then please register your interest by [clicking here](#). All interest must be received by 18th May 2021.

For more information about the board and to read the minutes from previous meetings, please [click here](#).

You are invited to attend our upcoming Postgraduate Virtual Open Evening



POSTGRADUATE OPEN EVENING



You are invited to attend our upcoming **Virtual Postgraduate Open Evening** taking place on **Wednesday 28 April from 4-8 pm**. Our Open Evening is a great way to find out whether postgraduate study is right for you. During the evening you can find out how our courses give you the skills you need; whether continuing in education is an affordable investment; if you will be able to study while you work; and how you can gain access to education if you have not studied for a while.

The University of East London has been pioneering futures since 1898 and continues to support our current and future students in preparing for changing ways of work and Industry 4.0.

During the evening you'll be able to:

- Watch the welcome talk from our Vice-Chancellor & President, Professor Amanda Broderick
- Explore our new Dual Delivery approach to teaching and learning
- Attend live subject talks and direct your questions to our academics
- Take a virtual tour of our campuses
- Talk to our current students and ask them about life at UEL
- Uncover postgraduate research options with the Graduate School
- Hear about fees and funding and the types of scholarships and bursaries available to you
- Discover the wide range of support offered to you as a UEL student

- Make an application to study at UEL

As an incentive, UEL graduates may be eligible for a postgraduate course discount. If you progress directly with no gap year, you may receive a 15% discount, alternatively, you will receive a 10% discount.

More and more people choose to study postgraduate courses thanks to better financial support, improved job prospects and more specialist course options. Join us at our virtual open evening to find out exactly how postgraduate study will work for you.

To book your place, please visit our web page by [clicking here](#).

To watch on-demand postgraduate course related webinars and masterclasses, please [click here](#).

Annual Alumni satisfaction survey

The University of East London's Alumni team would love to hear your feedback on our current alumni activities, including our communication channels, events and benefits & discounts. We also welcome suggestions on what you would like to see us offer in the future.

Please take 15 minutes of your day to complete our survey. Your response will help us shape future activities for yourself and other University of East London graduates. To fill out the survey please [click here](#).

The survey will close on **Friday 25th June 2021**. If you have any questions about the survey, please email us on alumni@uel.ac.uk.

As a thank you, if you leave your details at the end of the survey, you will be entered into a prize draw to win one of 5 Amazon vouchers worth £20.

Thanks again and good luck!

Calling all alumni Jewellers, a graduate needs your help!

I am Elisa Messi and I am a recent graduate trying to start a small jewellery

business.

So far, I have been using brass as the main material of my prototypes but unfortunately, not all brasses are destined to become jewellery, which is why I am asking for your help. What I need to find is a supplier that will be able to accommodate the small quantities I need for my business with round brass bars of a diameter of 2mm and providing a safe brass for the skin (which means Nickel, Lead and Cadmium-free).

I am also happy to consider other materials such as half hard brass wire or other ones that I may not know of which may have the same attributes as brass.

If you are or know someone that may have knowledge of this, it would be much appreciated if you could let me know.

Please contact me at elisamessi@hotmail.it

Lockdown to a flexible hybrid work space. On your own terms

Lockdown is coming to an end so we're offering you the chance to switch your bedroom for a co-working space on your own terms for the ultimate hybrid work model.

Add a professional space to your home office with the University of East London's Business Centre. This co-working space is located on the Docklands Campus within Knowledge Dock.

Full-time or part-time. Start-ups or established businesses. Whether you're a freelancer, digital nomad or a small business, our Business Centre offer all the tools you need to run your business.

Access to the space will be exclusively limited to clients and includes access to hot desking, meeting rooms and private offices.

Did we mention that Alumni and UEL Students get 25% off?

If you would like a co-working space and a London business address for £75, sign up today! Find out more by [clicking here.](#)

Anxious about returning back to work? Working from home can take some adjustment. We've put together a set of guidelines to help you make that switch, including social networking, self care and motivation. Get started with these five tips for success and build your own support network online.



Transitioning Back into the Workplace After Coronavirus

These tips will help you manage your mental health as you transition back into the physical workplace.

Prioritise self-care by maintaining positive habits

Lockdown has helped many people put the important things into perspective, so try not to lose that as you ease back into your 'old' life.

Maintain good hygiene practices

- Follow the government guidelines
- Always wear a mask
- Utilise hand sanitising stations



Manage your information intake

We've become accustomed to updates from the media on virtually everything on a regular basis.

Make sure you're getting your information from reliable sources and remember that advice from regulators and government is designed to enable safe ways of working.



Celebrate the opportunity to reconnect

There have been a few perks associated with working from home, such as no commuting and additional spare time, but we've also lost a lot.



So, when the time does come to return to the office or the worksite, enjoy the little things that have been absent over the last year.

Understand what constitutes a mentally healthy workplace

With so many people working from home full time over the last few months, the grey area between professional and personal has been blurred like never before, plenty of businesses are super busy in response to the coronavirus, and some employees have been working longer hours than normal.

This period of transition is the ideal time to make sure you're across workplace mental health risk factors, in order to avoid them. By doing so, you can reduce the likelihood of burnout and increase job satisfaction.

Together, let's do our part to keep each other healthy.

Brain regions affected by depression

Professor Cynthia Fu, Professor of Affective Neuroscience investigates the brain regions affected by depression and how they may change with different therapies, such as talking therapies, antidepressant medication and neurostimulation.

[Click here](#) to read more.

British Psychological Society Lifetime Award

Dr Mark Fox – former Programme Director of Professional Doctorate Educational Psychology has received the highly prestigious British Psychological Society Lifetime Award recognising Mark’s fantastic contribution to the profession. There will be an event to celebrate Mark and the award in the coming month. Mark joins John Radford as receivers of this special award – showcasing the remarkable standards, aspirations and achievements of the community we call “Psychology at UEL” since 1965.

See a video of Mark Fox accepting the BPS DECP lifetime award by [clicking here](#).

90th Birthday celebrations

Professor John Radford celebrated his 90th birthday this month. John shaped the British HE in several ways. For instance: He introduced Psychology as an A-level subject in 1970 and co-authored the 1st text book to support this, he was Chair of the Psychology Board of the Council for National Academic Awards and founded the Association for the Teaching of Psychology. John was the inaugural recipient of the British Psychological Society’s Award for Distinguished Contributions to the Teaching of Psychology which you can find out more about if you [click here](#).

To read more about Professor John Radford and his accomplishments [click here](#).

WHAT'S COMING UP

The Pandemic and the Ornate India Project

The pandemic and the ORNATE India Project, a United Kingdom–India Research Collaboration to tackle visual impairment due to diabetic retinopathy

Talk 1: "The ORNATE India Project: Impact of Covid-19 on the project and our adaptations to it" Professor Sobha Sivaprasad, Professor of Retinal Clinical

Studies (UCL Institute of Ophthalmology) and Consultant Ophthalmologist (Moorfields Eye Hospital), UK. Principal Investigator, Ornate India project.

Talk 2: "Ornate India Covid-19 study: Impact on health and provision of healthcare services during the COVID-19 lockdown in India" Professor Gopal Netuveli, Dy Director and Professor of Global Health, Institute for Connected Communities.

Talk 3: "Technological innovations and artificial intelligence to overcome adversities due to Covid 19 pandemic" Dr Christos Bergeles, Associate Professor, leading the Robotics and Vision in Medicine Lab at King's College London.

Wednesday 5th May 2021, 11:00- 17:00, Online

Book Now

UEL Careers Health Check Day

Are you career ready? Could you do with a career health check? At Career Health Check day you can have access to support around:

CV/LinkedIn/application/cover letter checks

1-2-1 Career Coaching

Registration with our on-campus recruitment agency

Professional mentoring Self-employment/freelancing/enterprise advice

Access to opportunities through the Career Zone

Top tips for job searching

Thursday 6th May 2021, 11:00-15:00, Online

Book Now

Mental Health Awareness Week Events

We are excited to announce that the University of East London's Alumni Engagement team will be running a variety of online events during Mental Health Awareness Week (Monday 10th- Friday 14th May 2021) to raise awareness and inspire action to promote the message of good mental health for all. The events will offer a variety of ways for you to engage, recognise and get involved with us during the week. We aim to raise awareness about the mental health continuum and reduce the stigma associated with Mental illness by promoting help-seeking behaviours and emotional wellbeing practices, such as self-care.

Panel Discussion - Tuesday 11th May 2021, 18:30-20:30, Online

Evening Pilates for Relaxation - Wednesday 12th May 2021, 18:30-19:30, Online

Time for Tea catch up - Friday 14th May 2021, 10:00-11:00 am, Online

Book Now

Life after UEL: Navigating UEL Connect and UEL Ambassador Scheme

This webinar will be exploring how to navigate searching for jobs effectively.

Tuesday 18th May 2021, 18:00-19:00, Online

Book Now

Global politics and International development alumni meet

The aim of the monthly Alumni Interest Groups is to provide a place for likeminded Alumni to come together and network.

Don't worry! If you did not study a degree in the interest group topic, you are still welcome if the topic is of interest to you. There are no restrictions, and

you are free to join as many of the meets as you would like to.

The interest groups are YOUR SPACE where you can meet and share information, gain motivation and inspiration from each other, forming potential links that can help you within your career.

Monday 24th May 2021, 18:00-20:00, Online

Book Now

Teachers and Advisors Conference 2021

Attention Teachers and Careers Advisors!

We are running UEL's first Teachers and Advisors Conference which will focus on supporting student success. We are keen to showcase the excellent support on offer to students and crucially key knowledge about how you can support your students now.

Please do join us for the Teachers and Advisors Conference. Places are free and the first 50 Teachers and Careers Advisors who sign up will receive a wellbeing pack!

Tuesday 25th May 2021, 10:00-12:30 pm, Online

Book Now

UEL Alumni Book Club

The Alumni Team would like to invite graduates and students to join the virtual book club. Every other month 2 books will be selected, we will try to ensure that we try to pick books that are interesting, topical and representative, we will even try to select some books written by UEL graduates too.

Thursday 27th May 2021, 17:00-18:30, Online

CAREER DEVELOPMENT

As a valued member of our alumni community, you now have unlimited access to our brand-new Career Zone platform, formerly the Employment Hub.

Sign up today at [careerzone](#) for everything you need in your graduate jobs search or entrepreneurial journey, from networking events to seminars led by industry experts.

Many of you may be experiencing uncertainty in these unprecedented times having witnessed the effects of COVID-19 on graduate employment. However, once you've signed in and completed your profile, we are here to support you.

As part of your profile, you will be able to select a statement to help you understand where you are in terms of your career readiness. You will be able to access careers resources tailored to your needs, to help you move on to the next stage in your career journey.

Career Zone will give you access to our jobs board to help in your search, as well as volunteering opportunities with our community partners.

Career Zone features upcoming employability and industry events, which you can register for.

Follow our social media channels to hear about upcoming events and new initiatives:

Facebook: [UEL Career Zone](#)

Twitter: [@UEL_Careers](#)

Instagram: [@uelcareerzone](#)

Please note that if you are unable to access the UEL Career Zone and for any other questions, please email the Careers Team: careerzone@uel.ac.uk

CAREERS EVENTS CALENDAR: MAY

Date	Format & Topic	Location	Time
Tue 4th	Find Your Career Path: Job-seeking with purpose & direction	MS Teams	10:00-11:00am
Tue 4th	Skills Academy: How to be an in demand leader – Inclusive leadership skills for today's workplace	Zoom	4:30-6:30pm
Wed 5th	Skills Academy: Introduction to LinkedIn	MS Teams	12:00-1:15pm
Fri 7th	Skills Academy: How to secure that graduate employment	MS Teams	11:00am-12:30pm
Mon 10th	Your CV is You! How to make it inform & sell	MS Teams	11:00am-12:00pm
Wed 12th	Skills Academy: Advanced LinkedIn	MS Teams	11:00am-12:15pm
Fri 14th	Skills Academy: Maximising your skills from your part time job	MS Teams	11:00am-12:00pm
Wed 19th	Systematic success with applications including personal statements & cover letters	MS Teams	2:00-3:00pm
Tue 25th	Mature Student Event	MS Teams	10:00am-12:00pm
Wed 26th	Interview Prep 101: The essentials	MS Teams	3:00-4:00pm

Secure your place for all events & book an appointment with a Career Coach at: careerzone.uel.ac.uk

Careers resources are available at:
uel.ac.uk/careerscentre

UEL JOBS

Programme Director Professional Doctorate in Counselling Psychology

Salary: £53,168 pa

You will have a Professional Doctorate or PhD and substantial experience in Counselling Psychology. You should also be registered with the HCPC as a Practitioner Psychologist and with the BPS as a Chartered Psychologist. Experience of supervising Counselling Psychologists in training at Doctoral level is essential.

[Apply Now](#)

Lecturer/Senior Lecturer in Performing Arts

Salary: £40,608 pa

We are seeking candidates with knowledge and experience of performing arts practice, with a particular skill set and experience in movement training, choreography (contemporary and mainstream) and Physical Theatre devising/directing for the stage. In addition, you will have professional directorial or creative production experience within the performing arts, and the ability to facilitate full scale collaborative interdisciplinary productions.

[Apply Now](#)

EXTERNAL JOBS

Senior Visual Designer, So Energy, London

Salary: £45,000 - £55,000 pa

You would have a strong knowledge and experience across a broad spectrum of design mediums including digital products, internal/external communications, print and marketing with a portfolio to demonstrate it. You have a good grasp of atomic design principles, design system and designing in a human-centred and inclusive way. As our Senior Visual Designer you would relish working as part of a team and working on multiple projects at a time. Your Stakeholder relationship management skills are very strong as are your oral, written and visual communications skills.

[Apply Now](#)

Development Apprentices, Clarion Housing Group, London

Salary: £20,312- £30,000 pa

You'll take part in a number of placements across our Development Teams including project management, design and technical, sales and marketing. The programme will provide you with the relevant training and work experience to

allow you to grow into a competent and professional Development Manager or Project Manager, responsible for providing professional advice and recommendations on land, property or construction.

[Apply Now](#)

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