



Graduate

Guide



University of
East London



INTRODUCTION

Huge congratulations on completing your studies at the University of East London! Although your time here is over, we want your relationship with us to continue.

As a UEL graduate, you are now part of our UEL Alumni Network, which comprises graduates from all over the world. You can call on this vibrant community to open up new opportunities and to help you grow as an individual.

As a University we've been pioneering futures since 1898. As we enter the age of the 4th industrial revolution, we have re-committed ourselves, through Vision 2028, to ensure we are the careers-led university by creating more pathways to sustainable careers in a changing world, working in collaboration with industry and our alumni network and by taking meaningful steps to increase diversity and inclusion in the workplace.

We want you to stay involved with us not only so we can support you on your own journey but also so we can call upon your input, influence and life experiences to drive our mission forward for the generations to come.

That's why the University is here to help, even though you have completed your studies. From offering vital employment skills, to empowering you to set up your own business, we want you to call on us for support.

The Alumni team will keep you in the loop with regular newsletters and magazines as well as invitations to networking and social events. We will connect you to people within the university who are best placed to provide you with the tailored help and support you need.

This guide has been designed to give you an overview of the range of services you can expect after you graduate, as well as introducing you to the teams that will help you on your way. Make sure you read it thoroughly and, most importantly, remember to update your contact details where relevant, so you can take advantage of all our offers.

THE ALUMNI TEAM

The Alumni team is responsible for keeping in touch with you once you graduate and become part of the University of East London Alumni Network. The team provides services and benefits that are accessible to all our graduates, making sure what we offer remains relevant and useful, no matter where you are in the world or what path you are pursuing.

As a member of the Alumni Network, you can access a number of benefits, including free subscription to our monthly e-newsletter and yearly magazine, invitations to events, use of social media sites, and access to our dedicated networking portal – UEL Connect – as well as special offers from the University of East London and our partner companies. There are also opportunities to play an active role in the network by becoming an Alumni Ambassador or becoming a part of the Alumni Advisory Board.

WHAT DO WE OFFER?

As part of the Alumni Network, you will benefit from:

Invitations to alumni events

- Guest lectures
- Socials
- Large networking and intimate roundtable events
- 'Life After UEL' webinar series

Communications

- An annual edition of Now & Then, the magazine for graduates of the University of East London
- A monthly edition of our e-newsletter
- Important updates throughout the year

A range of benefits and discounts

- Benefits and discounts are offered by the university and by external partners. These include the facility to promote your company or service in our online alumni business directory. A full list of benefits can be found at uel.ac.uk/alumni/benefits.

Access to UEL Connect

- UEL Connect is our dedicated online Alumni Portal for UEL graduates, a one-stop shop for all alumni activities where the team promotes events, job opportunities and news stories. UEL Connect also allows alumni-to-alumni engagement to help you further your career. You can sign up at uelconnect.com.

A wide range of opportunities to play a part

- Alumni Advisory Board
- Alumni Ambassador
- Alumni Mentor

Awards and recognition

- The chance to win one of our Annual Alumni Achievement Awards
- The chance to be recognised as our Alumni of the Month

Alumni Passport Card

- For an additional one-off payment of £15, the Alumni Passport Card gives you access to benefits such as use of UEL libraries, discounts at SportDock and special conferencing rates.

CONTACT DETAILS

- alumni@uel.ac.uk
- +44 (0)208 223 2222
- uel.ac.uk/alumni

SOCIAL MEDIA PLATFORMS

- [Twitter.com/uelalumni](https://twitter.com/uelalumni)
- [Facebook.com/uelalumni](https://facebook.com/uelalumni)
- [Instagram.com/uelalumni](https://instagram.com/uelalumni)
- LinkedIn - Search for UEL Alumni

The Alumni team works closely with teams from the university's Career Zone to ensure you don't miss out on any of our exclusive services or special events.

To find out more about the work of these teams, read on.



CAREER ZONE

Career Zone is a service created especially for students and alumni. We're a one-stop shop, providing you with a support network that enables you to grow and develop from your first few weeks through to employment. We'll give you support to stay on track, succeed academically and secure graduate level employment and/or further study.

WHAT DO WE OFFER?

Career Zone Platform

This is a careers management platform for students, graduates and employers. The platform provides access to the following:

- **Jobs Board**
 - Placements
 - Internships
 - Job shadowing
 - Graduate roles
 - Part Time work
- **Employer events**
- **Employability workshops**
- **1-2-1 Career Coaching appointments**
- **Virtual Internships**
- **Temporary work**
- **Learning Pathways**

To ensure you continue to have access to your Career Zone account after graduation, please go to 'My Account > Personal > Email' and input your personal email address.

Career Coaching

- **Careers workshops**
- **Face-to-face or remote one-to-one career coaching appointments**
- **24/7 online employability support through the Career Zone including our interactive CV review tool which utilises artificial intelligence to provide comprehensive feedback on the document and is available 24/7, mock interview support, cover letter builder, workforce market information and career planning**
- **Skill Academy - career workshops delivered by external trainers on Networking, Presentation, LinkedIn, Getting that Graduate Job and much more**
- **Drop-in sessions**
- **Pop in to meet one of the Career Zone team in one of our Career Zone spaces – located in Docklands, Stratford and USS – to discuss your career goals and find out more about how we can support you**

Email: careercoaches@uel.ac.uk

UEL Volunteering

Volunteering is the giving of knowledge, skills and experience to a not-for-profit organisation – a charity, social enterprise, school, youth club – and spending a scheduled amount of time with that organisation undertaking a clear set of tasks. In exchange for your time and skills, you will be increasing your network, your skills and understanding of a particular sector, and the World of Work in general.

UEL Volunteering works with local organisations to provide a range of volunteering opportunities to UEL students and graduates. Students and alumni are guided to identify, apply for and complete their volunteering roles. Once completed, volunteers are encouraged to continue working with the team to maximise their experience.

Email: volunteering@uel.ac.uk

Mentoring

The Professional Mentoring Programme is a FREE and FLEXIBLE opportunity to either guide, support and share your experiences with a student/graduate or receive support and guidance from an expert. Flexibility allows you to be a part of the programme so you can choose your own availability. Graduates who participate in our mentoring programme are 12.8% more likely to secure their graduate outcomes.

- Professional mentoring programme
 - Mentees will receive 8 weeks of dedicated one to one mentoring from an expert
 - or If you would like the chance to share your own professional experiences, join us as a mentor
- Alumni mentoring scheme
- Alumni group mentoring events
- Evening with the Experts: Meet our Mentors (virtual and in person)

Email: careermentoring@uel.ac.uk

The Employer Engagement Team

The Employer Engagement Team connect our talented students and graduates with employers and promote a range of opportunities.

We host dedicated online and on-campus events to promote organisations and the opportunities they have on offer to our students and graduates. This includes:

- Employer Panel / Networking events
- UEL Annual Graduate Careers Fair - usually held in July - please check the Career Zone for dates
- UEL Annual Careers Fair - usually held in October - please check the Career Zone for dates
- Insight events

Email: careerzone@uel.ac.uk

UEL Enterprise & Entrepreneurship

UEL Enterprise & Entrepreneurship is a dedicated in-house team which works with students and graduates to develop their entrepreneurial knowledge and skills to enable them to launch and grow their own businesses. We deliver a range of activities throughout the year.

- Weekly appointment slots at Stratford, Docklands and online to enable you to access tailored one-to-one advice
- Regular industry hackathons to help you develop entrepreneurial ideas and networks
- Series of one-off events, including SME visits, entrepreneur panels and special interest sessions
- Access to a series of free start-up and growth workshops across the year for your new business
- New for 21/22 we will be launching Talent at UEL, an exclusive platform that enables you to sell your products and services as self-employed.
- Start Up Visa sponsorship for international students
- Discounted space at our Docklands-based Knowledge Dock Business Centre
- To book a one-to-one session with a member of the team, or for any additional information on enterprise and entrepreneurship, please email enterprise@uel.ac.uk

Email: enterprise@uel.ac.uk

SOCIAL MEDIA PLATFORMS

For the latest Career Zone updates follow:

- Twitter: @UEL_Careers
- Facebook: @UELCareerZone
- Instagram: @uelcareerzone
- LinkedIn: UEL Career Zone

Volunteering

- Twitter: @UELVolunteer
- Facebook: @UELVolunteer
- Instagram: @uelvolunteer

Enterprise

- Twitter: @UELEnterprise
- Instagram: @uelenterpris

CONTACT DETAILS

- careers@uel.ac.uk
- +44 (0)208 223 2424/4321



RANDSTAD

Kick-start your career with Randstad, the world's No.1 recruiter.

Randstad is working with the University of East London, helping students and graduates to gain the support they need to find employment, both while at university and beyond.

Getting you to where you want to be

So you have your degree in hand and the world is your oyster. However, you're now – perhaps for the first time ever – in a situation where your next step isn't clearly mapped out for you. With a number of avenues and possibilities, sometimes it's tricky to know which way to turn or what to do next. We're here for you every step of the way, from helping you create that killer CV, tips and advice when it comes to combating those pre interview nerves and ultimately, getting your foot in the door of the company you wish to work for. With almost 6,000 live vacancies right now, what are you waiting for!

ONLINE PROFILE

An increasingly popular avenue of search for prospective employers and recruiters alike is your online presence. Some may perform a head search in order to seek out a perfectly matched candidate, whilst others use the likes of social media as a 'safety net' to check your background before inviting you to the next stage of the recruitment process. Your online presence typically comprises your LinkedIn profile, Facebook, Twitter and online profiles for individual job boards, discussion boards, blogs and more. At the simplest level, if you have photographs or information on your social profiles you'd rather a future employer didn't have access to, check your privacy settings and consider deleting the worst offenders. Ensure information stated on LinkedIn matches your CV and is current, up to date and reflects your job seeking circumstances. Building a solid network on LinkedIn can also improve your visibility and gain you access to key decision makers or names within your industry; joining interest groups relating to those specific organisations or their markets can also form a small yet significant part of your online footprint. Don't be afraid to engage with peers and get your name out there; if you have a blog that could strengthen your application, it's worth shouting about this too. Just keep it clean and relevant where possible.

Contact your dedicated team at Randstad who are on hand to give you tailored support as and when you need it.

uelteam@randstad.co.uk

Phone number +44 (0)20 3878 3522

**To dive right in and register your details with us please visit:
www.randstad.co.uk/employers/uel-career-zone/**



DID YOU KNOW?

As a UEL graduate, you may be eligible for a fee discount if you undertake further postgraduate study. The Alumni Discount is either a 10% or 15% reduction in fees, depending on the time lapse between your courses. Should you wish to discuss your funding options for further study, either through UEL scholarships and discounts or Government funding, then Student, Money, Advice & Rights (SMART) advisors are available.

For information relating to all postgraduate UEL scholarships and bursaries, please visit uel.ac.uk/postgraduate/fees-and-funding/.

Or contact the SMART Team on **+44(0) 8223 4444** or studentfunding@uel.ac.uk.

UPDATE YOUR CONTACT DETAILS

Remember to keep your contact details up to date with the University of East London so we can continue to offer you all these fantastic resources. You can update your details at uel.ac.uk/alumni. Just click the update details link at the top of the page.



CONTACT DETAILS

alumni@uel.ac.uk
[+44 \(0\)208 223 2222](tel:+442082232222)
uel.ac.uk/alumni

uel.ac.uk/recentgraduates



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