



Course Aim and Title	BSc (Hons) Psychology with Positive Education
Intermediate Awards Available	Certificate in Higher Education (CertHE), Diploma Higher Education Diploma (DipHE)
Teaching Institution(s)	University of East London
Alternative Teaching Institutions (for local arrangements see final section of this specification)	N/A
UEL Academic School	Psychology
UCAS Code	C824
Professional Body Accreditation	
Relevant QAA Benchmark Statements	Psychology
Additional Versions of this Course	BSc (Hons) Psychology with Positive Education via Distance Learning
Date Specification Last Updated	March 2021

Course Aims and Learning Outcomes



The course is the combination of educational principles with the study of wellbeing. It brings together the science of positive psychology and the best practices in education to promote mental health and supports individuals, schools and communities to flourish. The course aims to equip students with the knowledge and skills to develop positive education programmes in schools, supporting teachers, students and the wider community.

This course is designed to give you the opportunity to:

- Develop a scientific understanding of the mind, brain, behaviour and experience and how they interact with complex real and virtual environments.
- Gain the subject specific and generic skills needed for graduate level employment in a wide range of settings.
- Progress to postgraduate study or professional training in Psychology, by providing the specialised curriculum required for Graduate Basis for Chartered Membership of the British Psychological Society.
- Shape your study towards your career aspirations and interests by including a range of option choices and assessment topics.
- Extend your knowledge and understanding of wellbeing in education issues and psychological approaches to behaviour change via specialist modules
- Match your mode of study to your needs and responsibilities through flexible course provision.
- Participate in bespoke events and join an existing professional network
- Receive high quality teaching and training from an academic team possessing a vast amount of knowledge and competence in positive psychology.

What you will learn to do:

Knowledge

- Demonstrate conceptual knowledge of the core areas of Psychology (biological, cognitive, developmental and social psychology and individual differences) and the links between them.
- Show understanding of the use of psychological theory to answer both virtual and real world-based questions.
- Demonstrate knowledge of ethical, cultural and historical aspects of psychology.
- Awareness of the latest research from wellbeing studies and Positive Psychology to support development and learning in educational settings.

Thinking skills

- Recognise, apply and integrate multiple perspectives to psychological issues in virtual and real worlds.
- Identify and evaluate patterns in behaviour, psychological functioning and experience.



Learning and Teaching

Knowledge is developed through:

- Guided reading
- Knowledge-based activities with feedback
- Online and offline discussions and activities

Thinking skills are developed through:

- Reflective activities with feedback
- Online and offline discussions and activities

Practical skills are developed through:

- Research skills-based activities with feedback
- IT activities with feedback

Skills for life and work (general skills) are developed through:

- Written and oral communication with feedback
- Teamwork
- Planning activities with feedback
- Project work

Assessment



Knowledge is assessed by:

- Coursework including essays, practical reports, posters, on-line work and presentations
- Examinations including short answer questions, seen and unseen essay titles, multiple-choice questions and viva.

Thinking skills are assessed by:

- Coursework as above
- Examinations as above
- Project work

Practical skills are assessed by:

- Practical reports
- Literature reviews
- Portfolio completion

Skills for life and work (general skills) are assessed by

- Project work
- Group work

Students with disabilities and/or particular learning needs should discuss assessments with the Programme Leader to ensure they are able to fully engage with all assessment within the course.

Work or Study Placements



Students on the BSc (Hons) Psychology with Positive Education are encouraged to gain relevant work experience as they progress through their degree.

The course includes a core, work-based learning module at level 5 (Work-based Learning in Psychology). A minimum of 30 hours work experience is included in the module's study hours. Students are not assessed on their performance in the workplace but on assessments that require them to reflect on the experience, make links to relevant psychology research and theory and to their own personal and professional development.

In addition to subject specific core modules at level 6, the course includes a level 6 option module (Advanced Developmental Psychology) in which students can draw on work-experience in a local school or nursery and make links to theory and research in developmental psychology.

In both these levels 5 and 6 modules, the work experience is arranged by students for themselves and may be paid or unpaid, in any relevant setting. Support with finding work experience or voluntary placements is available via the Centre for Student Success. Guidance on applying for DBS clearance, where this is required by the work experience provider, is available from the Student Hub.

Students may also apply to take part in the University Study Abroad scheme, in which students complete a proportion of their level 5 credits at a non-UK University.

Course Structure

All courses are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

- 3 Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree course.
- 4 Equivalent in standard to the first year of a full-time undergraduate degree course.
- 5 Equivalent in standard to the second year of a full-time undergraduate degree course.



- 6 Equivalent in standard to the third year of a full-time undergraduate degree course.
- 7 Equivalent in standard to a Masters degree.

Courses are made up of modules that are each credit weighted.

The module structure of this course:

Level	Module Code	Module Title	Credit Weighting	Core/Option	Available by Distance Learning? Y/N
4	PY4001	Thinking Like a Psychologist <i>(Mental Wealth)</i>	20	Core	Yes
4	PY4002	Introduction to Biological and Social Psychology and Individual Differences	20	Core	Yes
4	PY4003	Introduction to Cognitive and Developmental Psychology	20	Core	Yes
4	PY4004	Psychology in Applied Contexts	20	Core	Yes
4	PY4005	Researching with Small Samples	20	Core	Yes
4	PY4006	Researching with Larger Samples	20	Core	Yes
5	PY5001	Individual Differences and Diversity <i>(Mental Wealth)</i>	20	Core	Yes
5	PY5002	Psychological Research Methods	20	Core	Yes
5	PY5003	Topics in Developmental and Cognitive Psychology	20	Core	Yes
5	PY5004	Applications of Psychobiology and Social Psychology	20	Core	Yes



5	PY5005	Work-Based Learning in Psychology	20	Core	Yes
5	PY5012	Positive Psychology Coaching	20	Core	Yes
6	PY6001	Psychology and Social Engagement <i>(Mental Wealth)</i>	20	Core	Yes
6	PY6023	Psychology with Positive Education Research Project	40	Core	Yes
6	PY6021	Positive Education Theory and Practice	20	Core	Yes
6	PY6005	The Psychology of Mental Health	20	Core	Yes
6	PY6006	Drugs and Addictive Behaviours	20	Option	Yes
6	PY6008	Advanced Forensic Psychology	20	Option	Yes
6	PY6009	Health Psychology	20	Option	Yes
6	PY6010	Advanced Developmental Psychology	20	Option	Yes
6	PY6011	Psychology of Choice	20	Option	Yes
6	PY6012	Cognitive Neuropsychology	20	Option	Yes
6	PY6013	Psychology of Belief	20	Option	Yes
6	PY6014	Psychology of Emotion	20	Option	Yes
6	PY6015	Occupational Psychology	20	Option	Yes
6	PY6016**	Counselling Psychology	20	Option	Yes
6	PY6018	Applied Cyberpsychology	20	Option	Yes
6	PY6022	Psychological Approaches to Environmental Sustainability	20	Option	Yes



Please note: Optional modules might not run every year, the course team will decide on an annual basis which options will be running, based on student demand and academic factors, in order to create the best learning experience.

**Undergoing validation

Additional detail about the course module structure:

A core module for a course is a module which a student must have passed (i.e. been awarded credit) in order to achieve the relevant named award. An optional module for a course is a module selected from a range of modules available on the course.

The overall credit-rating of this course is 360 credits. If for some reason you are unable to achieve this credit you may be entitled to an intermediate award, the level of the award will depend on the amount of credit you have accumulated. You can read the University Student Policies and Regulations on the UEL website.

Course Specific Regulations

The BSc (Hons) Psychology with Positive Education is accredited (pending) by the British Psychological Society as conferring the Graduate Basis for Chartered Membership, provided the minimum standard of a Lower Second Class Honours degree is achieved and the level 6 Independent Research Project module is completed successfully.

It is possible to request a transfer to the BSc (Hons) Child Psychology, BSc (Hons) Forensic Psychology, BSc (Hons) Clinical and Community Psychology, BSc (Hons) Environmental Psychology, or BSc (Hons) Cyberpsychology after successfully completing level 4.

Typical Duration



It is possible to move from full-time to part-time study and vice-versa to accommodate any external factors such as financial constraints or domestic commitments. Many of our students make use of this flexibility and this may impact on the overall duration of their study period. Students can also request to transfer between campus and distant learning modes.

The expected duration of this course is three years full-time or four to five years part-time, depending on the number of modules taken each year.

A student cannot normally continue study on a course after 4 years of study in full time mode unless exceptional circumstances apply, and extenuation has been granted. The limit for completion of a course in part time mode is 7 years from first enrolment.

Further Information

More information about this course is available from:

- The UEL website www.uel.ac.uk
- The course handbook (provided at induction)
- Module study guides
- UEL Manual of General Regulations (available via the UEL website)
- UEL Quality Manual (available via the UEL website)
- School of Psychology web pages
- The British Psychological Society website <http://www.bps.org.uk>

All UEL programmes are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by listening to student and employer views and the views of external examiners and advisors.

Additional costs:

Travel costs may apply depending on the location of the work experience setting and occasional field trips. The cost would depend on the student's home address and travel arrangements. There may be a cost for DBS clearance if this is required by the work-experience provider, see

<https://www.gov.uk/government/organisations/disclosure-and-barring-service>

Alternative Locations of Delivery



**University of
East London**

N/A