**UNIVERSITY OF EAST LONDON**  
**PROGRAMME SPECIFICATION**

| Programme Title                                      | BSc (Hons) Nursing (Adult)  
|-----------------------------------------------------|-----------------------------  
|                                                    | BSc (Hons) Nursing Adult Apprenticeship |
| **Intermediate Awards Available**                   | 1). Certificate of Higher Education (Healthcare Studies) |
|                                                    | 2). Diploma in Higher Education (Healthcare Studies) |
|                                                    | 3). BSc Healthcare Studies |
|                                                    | N.B. The above University exit awards (1-3) and aegrotat awards do not allow students to apply to the Nursing and Midwifery Council for registration |
|                                                    | 4). BSc Nursing (Adult) with NMC Registration |
|                                                    | N.B. Exit award 4 does allow students to apply to the Nursing and Midwifery Council for Registration. |
| **Teaching Institution(s)**                         | University of East London   |
| **Alternative Teaching Institutions**               | N/A                         |
| (for local arrangements see final section of this specification) |                             |
| **UEL Academic School**                             | Health, Sport and Bioscience |
| **UCAS Code**                                       | B740 (BSc (Hons) Nursing (Adult) Only) |
| **Professional Body Accreditation**                 | Nursing and Midwifery Council (NMC) |
| **Relevant QAA Benchmark Statements**               | N/A                         |
| **Additional Versions of this Programme**           |                             |
| **Date Specification Last Updated**                 | 25 September 2018           |
Programme Aims and Learning Outcomes

The BSc (Hons) Nursing (Adult) and BSc (Hons) Nursing (Adult) Apprenticeship Degree Nurse Apprentices) programmes will prepare you for a demanding but rewarding career, where you have a real chance to make a difference to people’s lives. It also provides eligibility to apply for professional registration with the Nursing and Midwifery Council.

The extent and speed of change in healthcare provision, highlights the need for highly skilled, knowledgeable and flexible nurses (adult), who can operate in demanding and complex clinical arenas.

It demands that you as a future graduate have the skills, values and behaviours required to deliver safe, high quality care, at all times and in all settings. You will need to be responsive to evidence and innovation, which will underpin your sound clinical decision making and delivery of evidence based care, within the context of the multiprofessional team. As a leader you will influence practice and initiate change for the benefit of service users and carers.

This programme is designed to give you the opportunity to:

- Develop as a safe, compassionate and confident nurse, who is professional, accountable and able to deliver high quality, person-centred care.

- Develop effective communication skills and work in partnership with service users and carers and as part of the multiprofessional team, ensuring decisions about care are shared.

- Understand the factors impacting health and develop the skills to promote health and prevent illness.

- Develop as a research minded practitioner who is able to use higher order cognitive skills, such as problem solving and critical thinking skills, to inform evidence-based clinical decision making in practice.

- Develop leadership skills to supervise and manage others and contribute to the innovative planning and design of future services.

- Develop as an independent, highly motivated, technologically competent, reflective, lifelong learner.

- Meet the NMC (2010) Standards for Pre-registration Nursing Education and be eligible to apply to register with the regulatory body (Nursing and Midwifery Council).

The information in this document is intended to provide a brief overview of the programme
What you will learn:

Knowledge

- Understand the impact of the determinants of health, underpinned by the socio-cultural, behavioural and biological sciences, relevant to adult nursing practice.
- Understand current health care policy and the context within which health and social care is delivered, emphasising the changes to care models and delivery.
- Understand and apply the principles of clinical governance and evidence-based practice, to maintain and improve nursing practice and standards of healthcare.

Thinking Skills

- Demonstrate critical appraisal, analysis and application of a wide variety of evidence-based research in practice.
- Demonstrate clinical reasoning ability and use of problem solving skills, to prioritise patients’ needs, in both planned and emergency situations.
- Demonstrate the ability to apply principles of health promotion, to influence health and wellbeing.

Subject-Based Practical Skills

- Practice autonomously and be responsible and accountable for safe, compassionate, person-centred, evidenced-based, ethical, legal and professional nursing practice.
- Understand the role of the nurse as a member of the multiprofessional team.
- Work in partnership with a diverse body of service users and carers, in all settings, to ensure decisions about care are shared.
- Communicate effectively at individual and team level, using a wide range of strategies and interventions, including the effective use of communication technologies.
- Assessment and delivery of physical and mental health care, recognising the signs of deterioration, timely intervention and evaluation of care.
- Demonstrate knowledge and practice of self-care with people with acute and long-term conditions, using diagnostic skills and appropriate technologies supported by effective communication.
- Work independently as well as in teams, developing autonomy and leadership in decision making, coordinating, delegating and supervising effective and safe care.

Skills for Life and Work (general skills)
- Excellent communication skills (to include oral and written communication).
- Emotionally intelligent, resilient and adaptable to change.
- Effective use of information technology.
- Works according to data protection, health and safety and equality and diversity regulation.
- Reflective, lifelong learner, with knowledge of the professional body (NMC) requirements for post-registration.

Learning and Teaching
We adopt an innovative blended approach to learning, which combines e-learning opportunities, traditional campus based learning in the university and learning in clinical practice.

For Degree Nurse Apprentices this will also include supported self-directed learning.

The programme is taught and supported by academics, registered nurses, who meet professional standards and other healthcare practitioners and service users and carers, in the university and practice settings respectively.

Knowledge is developed through:
- Lectures from expert clinicians, expert academics/researchers, service users and carers
- Tutorials
- Interactive discussion – to foster the skills of critical enquiry, synthesis and dissemination of key concepts
- Guided independent study and directed learning
- Simulated learning (involving service users and carers)
- Laboratory practicals
- Delivery involving service users and carers, who provide developmental feedback
- Knowledge-based activities with feedback
- Technology - online discussions and activities via Moodle (virtual learning platform), such as blogging and e-poster
- Completion of formative and summative assignments and the honours challenge module.
Thinking skills are developed through:
- Student-led presentations and discussion
- Lecturer facilitated workshops/sessions
- Simulated learning (involving service users and carers)
- Delivery involving service users and carers, who provide developmental feedback
- Supervised practice in placement
- Preparing materials for tutorials/small group work and contributing within these
- Critical reflective activities with feedback
- Technology - online discussions and activities via Moodle (virtual learning platform)
- Completion of formative and summative assignments.
- Self-directed learning through utilisation of the feedback from module leaders, peers and colleagues (with regards to case study based coursework).

Practical skills are developed through:
- Simulated learning and debriefing (involving service users and carers)
- Delivery involving service users and carers, who provide developmental feedback
- Supervised practice in placement (including feedback from mentors and service users)
- Laboratory practical’s
- Critical reflection on practice
- Case studies
- Electronic learning packages with feedback i.e. Safe Medicate (medication safety), drug calculations, Clinical Skills Net and Skills for Health (i.e. infection prevention and control, fire safety, information governance)
- Research skills-based activities with feedback

Skills for life and work (general skills) are developed through:
- Project/group work
- Oral presentations
- Supervised practice in placement (including feedback from mentors and service users)
- Reflection and reflective practice
- Use of information literacies
- Electronic Personal and Professional Development Portfolio (PPDP)
Assessment

You will be assessed in both the university and practice settings and we are committed to maximising your potential to succeed.

The module assessments have been designed to be inclusive and enable you to demonstrate the learning outcomes for each module and cumulatively the overall programme learning outcomes. A wide variety of assessment strategies will be used in order to promote your learning, these encompass formative and summative strategies. Assessment feedback will help you to develop, with feedback from formative assessments informing your learning and the submission of your summative assessments.

Knowledge is assessed by:
- Coursework
- Essays
- Examinations (MCQ and short answer, drug calculations)
- Case studies
- Practice Assessment Document (PAD) in clinical/simulated practice

Thinking skills are assessed by:
- Coursework
- Examinations
- Practice Assessment Document (PAD) in clinical/simulated practice
- Critical reflection
- Analysis of research and application of the evidence-base

Practical skills are assessed by:
- OSCE’s in simulated practice and critical reflection on practice
- Practice Assessment Document (PAD) in clinical/simulated practice
- Posters
- Use of technologies

Skills for life and work (general skills) are assessed by:
- Group work
- Coursework
- Oral presentations
- Practice Assessment Document (PAD) in clinical/simulated practice
- OSCE’s
- Use of information literacies (databases)
- E-poster and blogging

If you have a disability and/or particular learning need, you should discuss assessments with your Programme Leader and/or Personal Tutor, to ensure you are able to fully engage with these.
Work or Study Placements

Practice learning is a core component (2320 hours) and is integrated across the 3 years of your programme. For Degree Nurse Apprentices the programme will run across 4 years.

You will undertake a diverse range of practice placements, which reflect the changing nature of healthcare, in the following NHS Trusts:

- **Barking, Havering and Redbridge University Hospitals NHS Trust** (acute provider – centre of excellence for neuro, stroke and maternity and also provide a cancer centre and elective and emergency care) [https://www.bhrhospitals.nhs.uk/](https://www.bhrhospitals.nhs.uk/)

- **North East London NHS Foundation Trust** (provides an extensive range of integrated community and mental health services. They also provide an Emotional Wellbeing Mental Health Service for children and young people across the whole of Essex) [http://www.nelft.nhs.uk/](http://www.nelft.nhs.uk/)

Additional community placements will be sought to support Degree Nurse Apprentices on the programme.

Approximately, half of your placement hours will be spent in community and out of hospital healthcare environments and half will be spent in acute placement areas. This will encompass a 4 week mental health placement (usually during year 2, Level 5), highlighting the importance of both mental and physical health and well-being.

You will be prepared for practice learning, including a Trust induction, at Level 4 of the programme, via the two Preparation for Practice weeks.

The types of practice learning experiences you will undertake are determined by the NMC (2010) Standards for Pre-registration Nursing Education and the EU Directive (2005/36/EC) and include:

- Medical and surgical in-patient care
- Care in community/out of hospital settings i.e. residential care, district nurses, GP practices
- Mental health
- Emergency /critical care
- Care of older people

It is expected that as part of this learning you will be exposed to specialised clinical care and gain insight into adults who have concurrent mental health issues, women who may be pregnant and have children.

For the Degree Nurse Apprenticeship you will have time split between theory hours, placement (supernumerary hours) and learning in your primary workplace. This will be timetabled in collaboration with your trust to ensure you meet the 2320 hours and the range of placements.
required for the award. You will also be required to do an End Point Assessment for the Apprenticeship part of the award.

Programme Structure

All programmes are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

- **3** Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree programme.
- **4** Equivalent in standard to the first year of a full-time undergraduate degree programme.
- **5** Equivalent in standard to the second year of a full-time undergraduate degree programme.
- **6** Equivalent in standard to the third year of a full-time undergraduate degree programme.
- **7** Equivalent in standard to a Masters degree.

Programmes are made up of modules that are each credit weighted.

The module structure of this programme:

<table>
<thead>
<tr>
<th>Level</th>
<th>Module Code</th>
<th>Module Title</th>
<th>Credit Weighting</th>
<th>Core/Option</th>
<th>Available by Distance Learning?</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>NS4001</td>
<td>Keystone Skills for Nursing and Healthcare Practice (Generic)</td>
<td>15</td>
<td>Core</td>
<td>N</td>
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<tr>
<td>4</td>
<td>NS4002</td>
<td>Values Based Care within Nursing Practice (Generic)</td>
<td>30</td>
<td>Core</td>
<td>N</td>
</tr>
<tr>
<td>4</td>
<td>NS4003</td>
<td>Fundamental Principles of Adult Nursing (Field Specific)</td>
<td>30</td>
<td>Core</td>
<td>N</td>
</tr>
<tr>
<td>4</td>
<td>NS4004</td>
<td>Introduction to Health Promotion and Public Health (Generic)</td>
<td>30</td>
<td>Core</td>
<td>N</td>
</tr>
<tr>
<td>Year</td>
<td>Code</td>
<td>Title</td>
<td>Credits</td>
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<td>4</td>
<td>NS4005</td>
<td>Nursing Practice 1 (Field Specific)</td>
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<td>5</td>
<td>NS5001</td>
<td>Medication Safety and Management for Adult Nursing Practice (Field Specific)</td>
<td>15</td>
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<tr>
<td>5</td>
<td>NS5002</td>
<td>Introduction to the Assessment and Management of Acute and Long-Term Physical and Mental Health Conditions (Field Specific)</td>
<td>30</td>
<td>Core</td>
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<tr>
<td>5</td>
<td>NS5003</td>
<td>Understanding and Applying Research and Evidence to Nursing Practice (Generic)</td>
<td>30</td>
<td>Core</td>
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<td>5</td>
<td>NS5004</td>
<td>Developing Clinical Judgement and Decision Making in Adult Nursing Practice (Field Specific)</td>
<td>30</td>
<td>Core</td>
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<td>5</td>
<td>NS5005</td>
<td>Nursing Practice 2 (Field Specific)</td>
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<td>6</td>
<td>NS6001</td>
<td>Civic Engagement for Adult Nursing (Field Specific)</td>
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<td>Core</td>
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<td>6</td>
<td>NS6002</td>
<td>Preparing for Registration as an Adult Nurse (Field Specific)</td>
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<td>Core</td>
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<tr>
<td>6</td>
<td>NS6003</td>
<td>Advancing Adult Nursing Skills (Field Specific)</td>
<td>30</td>
<td>Core</td>
<td>N</td>
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</tbody>
</table>
A core module for a programme is a module which a student must have passed (i.e. been awarded credit), in order to achieve the relevant named award.

The BSc (Hons) Nursing (Adult) Apprenticeship programme will also include an End Point Assessment which must be completed to achieve the Apprenticeship certificate.

The overall credit-rating of this programme is 360 credits. If you are unable to achieve this credit you may be entitled to an intermediate award (as stipulated on page 1), the level of the award will depend on the amount of credit you have accumulated. You can read the University Student Policies and Regulations on the UEL website.

Programme Specific Regulations

This programme has specific regulations, which encompass the professional body requirements (NMC, 2010 Standards for Pre-Registration Nursing Education).

Typical Duration

The expected duration of this undergraduate programme is 3 years full-time.

The Degree Nurse Apprenticeship runs across 4 years to ensure theory, work-based hours and supernumerary hours can all be met.

There is no part-time route.

The time limit for completion of this programme is 5 years 7 months from first enrolment, ensuring knowledge and competency development remains current.

Further Information

More information about this programme is available from:

• The UEL web site (www.uel.ac.uk)
All UEL programmes are subject to thorough programme approval procedures before we allow them to commence. We also constantly monitor, review and enhance our programmes by listening to student and employer views and the views of external examiners and advisors.

Fees:

BSc (Hons) Nursing (Adult) students will be able to access the standard student support package of tuition fee loans and support for living costs. Students who are on an eligible programme may be entitled to claim travel and accommodation expenses incurred over and above daily travel costs to the university. The costs must be related to essential practice placements. The Council of Deans of Health provide a helpful webpage explaining this [https://thefundingclinic.org.uk/](https://thefundingclinic.org.uk/). Further information can also be found on the [NHS Business Services Authority Website](https://www.england.nhs.uk/)

For Degree Nurse Apprentices, the programme fees will be covered by your employing organisation.

The following costs **will be included** as part of the tuition fees:

- Initial set of student uniforms for practice and name badge
- Enhanced Disclosure and Barring Service (DBS) check for entry to programme
- Occupational health check for entry to the programme and immunisations required for practice

For Degree Nurse Apprentices, the university will supply a uniform and name badge for your placement hours. The employing trust will verify with the University that Enhanced Disclosure and Barring service and occupational health checks have taken place.

Additional costs:

There will be additional costs (not included in the tuition fees), these are as follows:

- Letter from GP in relation to occupational health clearance at start of the programme (N/A for Degree Nurse Apprentices as employing trust will organise this)
- Footwear and headscarf (as required) for placement in accordance with the Uniform Policy (approximately £50)
- Specialist equipment for placement i.e. fob watch (approximately £10)
- Membership of a union (optional but advised): Royal College of Nursing: Health Practitioner membership; monthly rate £4.10 (£3.28) after tax relief (prices quoted from website on 20/06/2018). Student Nurse membership approximately £0.84 a month prices quoted from website on (31/7/2018)
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- Immunisation/vaccinations required for practice (an initial online healthcare questionnaire assessment (£10) will assess the vaccinations/immunisations required. Depending on what is required, immunisations/vaccinations may cost up to £350). For Degree Nurse Apprentices, this may have been completed at the time of employment.
- Professional body membership on registration (£120 on achieving registration status)

For this programme, any additional Disclosure and Barring Service and occupational health checks which may be required once the programme has commenced, will be funded by you. For Degree Nurse Apprentices, this must be discussed with your employer.

This list is not exhaustive and other programme-specific costs may be incurred.

Alternative Locations of Delivery

N/A