

COURSE SPECIFICATION - Psychology Foundation Year

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| Course Aim and Title | Psychology Foundation Year |
| Intermediate Awards Available | NA |
| Teaching Institution | University of East London |
| Alternative Teaching Institutions | NA |
| UEL Academic School | Psychology |
| UCAS Code | C801 |
| Professional Body Accreditation | NA |
| Relevant QAA Benchmark Statements | Psychology |
| Additional Versions of this Course | NA |
| Date Specification Last Updated | March 2019 |

Course Aims and Learning Outcomes

This course is designed to give you the opportunity to

Knowledge

- Demonstrate knowledge of key concepts and studies in Psychology
- Describe techniques used to conduct psychological research

Thinking skills

- Show an awareness of different perspectives in Psychology
- Identify key ideas in the interpretation and evaluation of research

Subject-Based Practical skills

- Locate, select and use appropriate sources of information in Psychology
- Explain how Psychology relates to everyday situations

Skills for life and work (general skills)

- Manage your workload effectively, making use of appropriate technologies
- Show awareness of how to listen, present and work collaboratively

Learning and Teaching

Knowledge is developed through

- Guided reading
- Knowledge-based activities with feedback
- Online discussions and activities

Thinking skills are developed through

- Reflective activities with feedback
- Online discussions and activities

Practical skills are developed through

- Research skills-based activities with feedback
- IT activities with feedback
- Interactions with peers

Skills for life and work (general skills) are developed through

- Written and oral communication with feedback
- Project work

Assessment

Knowledge is assessed by

- Coursework that may include essays, practical reports, posters, on-line activities, peer group interactions and presentations

Thinking skills are assessed by

- Coursework as above
- Project work

Practical skills are assessed by

- Practical reports
- Literature review
- Basic statistical analysis and interpretation

Skills for life and work (general skills) are assessed by

- Project work
- Group work

Students with disabilities and/or particular learning needs should discuss assessments with the Course Leader to ensure they are able to fully engage with all assessment within the course.

Course Structure

All courses are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

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| 3 | Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree course. |
| 4 | Equivalent in standard to the first year of a full-time undergraduate degree course. |
| 5 | Equivalent in standard to the second year of a full-time undergraduate degree course. |
| 6 | Equivalent in standard to the third year of a full-time undergraduate degree course. |
| 7 | Equivalent in standard to a Master's degree. |

Courses are made up of modules that are each credit weighted.

The module structure of this course:

| Level | Module Code | Module Title | Credit Weighting | Core/Option | Available by Distance Learning? Y/N |
|-------|-------------|--|------------------|-------------|--|
| 3 | PY3301 | Personal Development <i>(Mental Wealth)</i> | 20 | Core | Yes |
| 3 | PY3302 | Psychology in the Everyday | 20 | Core | Yes |
| 3 | PY3303 | Key Studies in Psychology | 20 | Core | Yes |
| 3 | PY3304 | Introduction to Research Methods in Psychology | 20 | Core | Yes |
| 3 | PY3305 | Introduction to Counselling Skills | 20 | Core | Yes |
| 3 | PY3306 | Introduction to Academic Practice | 20 | Core | Yes |

Additional detail about the course module structure: All modules must be passed to complete the Foundation Year and be eligible to progress to the BSc.

The overall credit-rating of this course is 480 credits (120 for the foundation year and 360 for the rest of the undergraduate course). If for some reason you are unable to achieve this total, you may be entitled to an intermediate award. The level of the award will depend on the amount of credit accumulated. You can read the University Student Policies and Regulations on the UEL website.

Course Specific Regulations

Students who successfully complete the Psychology Foundation Year (gaining 120 credits) are eligible to progress directly on to the BSc (Hons) Psychology, BSc (Hons) Child Psychology or BSc (Hons) Forensic Psychology. They can also request to transfer to BSc (Hons) Clinical and Community Psychology. All these courses are accredited by the British Psychological Society (BPS). Alternatively, they can apply for the BSc (Hons) Counselling, which is accredited by the British Association for Counselling and Psychotherapy (BACP).

Typical Duration

The Foundation Year runs from September to May or from January to August and consists of two teaching terms and an assessment period. Having successfully completed the Psychology Foundation Year, students can progress to a BSc course, which, typically, takes three years to complete.

Therefore, a typical full-time student starting the Foundation Year September would take four years to achieve the award BSc (Hons) with Foundation Year, completing 120 credits each year. A full-time student starting in January would typically take 3.5 years to achieve the award BSc (Hons) with Foundation Year.

It is possible to move from full-time to part-time study and vice-versa to accommodate any external factors such as financial constraints or domestic commitments. Many of our students make use of this flexibility and this may impact on the overall duration of their study period.

A student cannot normally continue study on a course after 4 years of study (or 5 for an award that includes a Foundation Year) in full time mode unless exceptional circumstances apply and extenuation has been granted. The limit for completion of a course in part-time mode is 7 years from first enrolment (or 8 for a course that includes a Foundation Year).

Further Information

More information about this course is available from:

- The UEL website www.uel.ac.uk
- The course handbook (provided at induction)
- Module study guides
- UEL Manual of General Regulations (available via the UEL website)
- UEL Quality Manual (available via the UEL website)
- School of Psychology web pages
- The British Psychological Society website <http://www.bps.org.uk>
- The British Association for Counselling and Psychotherapy <https://www.bacp.co.uk>

All UEL courses are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by listening to student and employer views and the views of external examiners and advisors.

Additional costs

The programme may include occasional, optional, field trips within London (for example student events at the British Psychological Society), for which students would need to pay for travel expenses, typically, a one day Travel card. The cost would vary according to students' usual travel arrangements.