



UNIVERSITY OF EAST LONDON

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The Principal Investigator

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PARTICIPANT INVITATION LETTER

You are being invited to participate in a research study. Before you agree it is important that you understand what your participation would involve. Please take time to read the following information carefully.

Who am I?

I am studying for a Doctorate in Clinical Psychology at the University of East London and, as part of my studies, I am conducting the research you are being invited to participate in.

What is the research?

I am conducting research into people's experience of how their human rights were considered and/or denied during admission to a psychiatric inpatient ward. For example, topics of discussion might be: What information were you given about your rights when you were admitted into hospital? How did you find out about your rights? What did staff do to explain these to you?

Why is this project being carried out?

There is very little research which specifically focuses on people's experiences of how their human rights were considered and/or denied. This study aims to find out more about these experiences and their impact on people. Having greater knowledge of this topic will hopefully help to improve the experience of people admitted onto inpatient wards.

My research has been approved by the School of Psychology Research Ethics Committee. This means that my research follows the standard of research ethics set by the British Psychological Society.

Why have you been asked to participate?

You have been invited to participate in my research as someone who may fit the kind of people I am looking for to help me explore my research topic. I am looking to involve people over the age of 18 who have previously been admitted into a psychiatric hospital, either as a voluntary or involuntary patient.

What will your participation involve?

If you agree to take part, you will be invited to an interview at the University of East London. The interview will be like having an informal discussion about your experiences of being in hospital and will last approximately 45-90 minutes. It will be audio-recorded on a secure device to help me remember what we talked about. Only I will listen to the recording when I am writing up the study.

I will not be able to pay you for participating in my research but your participation would be very valuable in helping to develop knowledge and understanding of my research topic. Your travel expenses to the interview will be reimbursed for you if you bring your receipts or tickets with you.

Your taking part will be safe and confidential

Your privacy and safety will be respected at all times. Confidentiality will be protected by anonymising all identifiable information contained in the interviews. This means excluding any names that are mentioned including yours, and anything you say that would mean someone could identify you. A small number of quotes from the interviews may be used in the final write up of the study. These will be anonymous and so will not be identifiable.

It is important to tell you that I would only need to tell someone else what we talked about if you told me something that made me think you or someone else was at risk of harm. If this happened, if it was possible, I would try my best to let you know that I need to tell someone else before doing so.

What will happen to the information that you provide?

The interviews will be audio recorded so I can accurately remember everything that we talked about. This is important because I do not want to misrepresent what was discussed. The recording will be typed up on a document so it can be analysed.

The audio file and typed document will be saved on a computer that is password protected to prevent anyone else from accessing them. Only my supervisor at the University of East London, the examiners who will be marking the research, and I, will have access to the transcript. Only I will have access to the audio files. Audio files will be deleted after examination. Transcripts will be kept for three years and might be used to write the research up into an article to be published in a psychology journal.

What if you want to withdraw?

You are free to withdraw from the research study at any time up to two months after the interview, without explanation, disadvantage or consequence.

Contact Details

If you would like further information about my research or have any questions or concerns, please do not hesitate to contact me.

Name: Tarun Limbachya
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If you have any questions or concerns about how the research has been conducted please contact the research supervisor Professor John Read, School of Psychology, University of East London, Water Lane, London E15 4LZ,
Email: j.read2@uel.ac.uk

or

Chair of the School of Psychology Research Ethics Sub-committee: Dr Tim Lomas,
School of Psychology, University of East London, Water Lane, London E15 4LZ.
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